



INSTRUMENTAL BODIES

by Annabelle Dvir

Premiered at **Between Heaven and Earth Festival** 2017

Supported by the Israeli Ministry of Culture and Sport

INSTRUMENTAL BODIES is a ritualistic dance piece for the floor, three bodies and a wooden box, which upholds the scale between pain and pleasure; subjection and independence. We practice in the energetic, instrumental-musical and the tangible-sensory impulse that arises from the collision of the body as an Instrument; Tool; Object; with the “materials” that surrounds it. We examine the ritualism of the humiliated body by re-experiencing its weight, the strength of its eruption and its lunge to the floor. The bodies investigate the repetitiveness of release and limitation; gratification and transcendence through frustration and coercion.

The evolving language of INSTRUMENTAL BODIES highlights the mass of the body, the sounds produced by it, the “groove” emerging from its dialogue with the ground. Through INSTRUMENTAL BODIES I have conducted a musical research of the “blues” and “rock”, of the body’s “vocal blues”. Those elements reflect the observed decoded language of my works.

Website annabelledvir.com **Trailer** <https://vimeo.com/244445007>

Full Video <https://vimeo.com/243593419>

TECHNICAL INFORMATION - INSTRUMENTAL BODIES

- **Duration:** 35 minutes
- **Maximum number of audience:** no limit
- **Age:** adults and youth
- **Build-up:** no build-up required.
- **Take down:** 2 minutes if done by ourselves; few seconds with help.
- **Lighting:** I bring the lighting map with me.
- **Sound:** a simple connection for computer / tablet, (such as Aux cable).
- **Maximum number of shows in a day:** 2
- **Stage:** three square wood constructions and 3 piles of different size Plywood – that I bring with me. White linoleum is preferable. If possible, the show should be indoors.



Three Travelers:

- **Annabelle Dvir**, Creator & Performer
- **Adam Shpira, Talya Shalom** Performers



CREDITS

Choreography and Objects Design - **Annabelle Dvir**

Performance - **Adam Shpira, Talya Shalom, Annabelle Dvir**

Music - **led Zeppelin**

Sound Design - **Annabelle Dvir**

Artistic Consulting - **Iris Erez, Tammy Izhaki**

Lighting Design - **Amir Castro**

Technical support and Assistance - **Tom Borkovsky**

Camera - **Daniel Pakes, Dan Robert Lahiani**



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